



♣ BI-MONTHLY NEWSLETTER ♣

September/October 2019

## Community of Hope • Alpha Returns • Ministry Fair

**¬ommunity of Hope** is a place for prayer, fellowship, and training in being a lay pastoral caregiver. In learning to care for others by listening and being present for them we become better friends, spouses, parents, etc. Community of Hope is based on Benedictine principals of prayer and work. The 13-week curriculum includes teaching on Benedictine spirituality; theology of pastoral care; pastoral identity; listening skills; prayer, Christian meditation and silence; motivational spiritual gifts; boundaries; confidentiality; family systems; grief; pastoral care for seniors; care for the caregiver; and commitment to ministry.

Classes begin on September 19 at 6:30 PM at St George's Episcopal Church, Clifton Park. The cost is \$100, which includes the Community of Hope training manual and a copy of *The Rule of Benedict* by Joan Chittister.

Partial scholarships are available. (This class will also be available at Christ Church in the spring.)

For more information, contact Fr Roy or Bambi Becker (bambi. becker@yahoo.com) or Bet LaRue (luvbritlit@gmail.com).• Ipha is coming back! It's been a few years since we offered an Alpha Course, so we are excited to announce a new Alpha Course that will begin Wednesday, September 25 at 6:30 PM. Come for a free meal and learn more about what the Alpha Program is all about to help you discern if you'd like to take the 10-week course on Christianity.

Alpha has been used in thousands of churches to help investigate the claims of the Christian faith in a safe, pressurefree atmosphere.



The evening begins with a meal at 6:30 PM, followed by a presentation of topics such as: Who is Jesus?, Why Did Jesus die?, Does God Heal Today?, Why pray?, and more.

The teachings are by an Anglican priest, formally an attorney and atheist, who has a true gift for teaching. A time of discussion follows in small groups where everyone is welcome to contribute opinions and questions.

The evening ends at 8:30 PM. Childcare will be provided, if needed. •

t this time of the year our programs and ministries start with great expectations!

We are going to be focusing on this part of our mission statement:

Making Jesus Known. What does that look like? How do we do it?

Where do we do it?

The Ministry Fair in the Welcome Center will start on September 8 with a celebratory breakfast between the 8 and 10 AM services, catered by Alan and Karla Greenspan.

Each ministry display will include information about the type of commitment, when it meets, how often, how long, and the contact person. There will not be anyone standing at each display, so you'll be free to look at any ministry that might be of interest to you.

During breakfast we will have a few announcements and some ministry leaders will briefly highlight plans for the year. A few people will share how they were affected by a particular ministry.

We are looking forward with renewed energy and commitment to truly being the instruments of God's intended purpose!

Come see what's new and different!

## **♣** News and Notes **♣**

### PASTOR'S LETTER



The Reverend Derik J. Roy, Jr.

Dear Friends,

ur Vestry has dedicated this fall to the part of our Mission Statement that encourages us

### To Make Him Known.

As we enter the fall and many activities restart after a summer break, we are challenged again with how will we invest our time. Albert Schweitzer once said, "Open your eyes and look for some person, or some work for the sake of humanity, which needs a little time, a little friendliness, a little sympathy, a little toil. See if there is not someplace where you may invest yourself." There are many choices before us at Christ Church: ways to learn, to grow, to help, and to serve. Your investment of your time and talent matters.

In an interview of people 95 years old and older, when asked if they could live life over what would they do differently, one of the top three answers was, they wish they had invested their time and talent in



things that would live on after they died, things that honored God and had eternal significance. They realized, tragically, that they spent far too much time on things for themselves that frankly had no real lasting meaning or value.

So the question is, "How will you invest your time?"

As we enter fall, I pray you will join us September 8 for our kick-off breakfast and Ministry Fair. As you hear about the ministries we have to help Make Him Known, maybe something that you could do to make a difference will tug at your heart.

I am also so excited to announce that Corey Ott will be taking over as Sunday School Superintendent! Corey is passionate about children and their education. She is so knowledgeable and a wonderful asset to the team here at Christ Church.

> —Yours in Christ, Father Derik Roy

#### AN OPTION TO PONDER UPON...

We are looking at the possibility of starting a Sunday evening service. It would start at 5 PM and perhaps have an option after the service for a dinner and study of some sort. The service would be a communion service with music and would be an excellent option for people for whom Sunday morning doesn't always work due to work or children's sports or being away. Please keep this in your prayers as we look at moving forward. If you have any thoughts, concerns, ideas, or comments please speak to Fr Roy or any vestry member.

#### AN INVITATION



"If there is anything worthy of praise, think about these things." Phil 4:8

The St. Agnes Chapter Daughters of the King are hosting a mini-retreat and are cordially inviting all women of Christ Church to attend. The retreat will be held at Deacon Lynne's home located at 7 Sweet Road, Stillwater, on Saturday, September 7, 10 AM to 2 PM.

Deacon Lynne will lead the retreat and lunch will be provided by the Daughters.

Please RSVP: Bambi Becker 518.275.1184; Andrea Breslin 518.587.2445; or the church office.

### HELP THE CHURCH WORK DAY

ike Luger is organizing another Help the Church day on Saturday, September 14. This will be our third one, and they have been growing in numbers of participants. Last September we had about 35 volunteers. In April, we had about 50. Can we get even more this time? How many donuts does Mike need to get? Come and find out!

We'll start at 8 AM and go until we get tired, perhaps 2 PM. We have painting, electrical repairs, and some overgrown bushes to tame. Even if you don't know where the power switch is for a paintbrush you can come help.

If you have questions, contact Mike at 518.884.0595 or lugermike@yahoo.com.



# CHRIST CHURCH NEWSLETTER

Editor: Susan Olszewski Layout: Janet Marie Yeates

Submission Deadline:
Noon on
Thursday,
October 10, 2019

Material should be submitted by e-mail to Susan Olszewski rockcitymom@gmail.com Send high-resolution digital images (not web files) to jmyeates@frontiernet.net





#### Please follow us!

Facebook:

Christ Episcopal Church Ballston Spa

Instagram: @cecbspa

Website:

www.christepiscopal ballstonspa.com

## Parish Giving

May average was \$5,750

June average was \$4,486

July average was \$4,686

&&

Three-month average, \$4,974 To meet budget in 2019, \$5,341

#### WHAT'S HAPPENING AT KIDSFIRST?

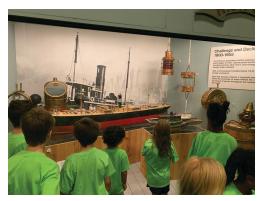
idsFirst Toddlers & Preschoolers have been very busy learning as they explore the themes Playground Palooza and Cookout Lookout. Our School-age Program has taken several field trips including: NYS Museum, MiSci Museum, Adirondack Animal Land, and The Great Escape. It's been a fun-filled summer!



Our little ones are also studying the Christian theme of the month, "Jesus calms the Storm," and our Bible Verse is "My son was lost, but is found." Luke 15:24.

KidsFirst is getting ready for the new school year. We have hired five highly-qualified teachers, and they are very excited to be with the KidsFirst family. Although our school age program is full, we have a few spots available in our toddler and pre-school programs. For more information, call our office at 518.309.3540. Mary Malandrino, our Director, is still working part-time; please keep her in your prayers as she recovers from an auto accident. •





## A Successful Vacation Bible School

any thanks to all who helped make this year's Vacation Bible School a huge success! We had more than 100 kids attending and your willingness to give of your time and talent was a huge blessing to the children and to this community. We had a great week learning that even though Life is Wild—God is Good! Through their study of the Israelites, the kids discovered how life was unfair, scary, and sad but through day to day changes, God is good. Thank you again to everyone who helped with VBS, either through donating supplies or your time. The children had a wonderful week serving God together, and none of it would have been possible without your help and prayers.

## % Keep in Your Prayers

Janice Baird Andrea Breslin Wendy Campbell Julia Duchesne Erin Dumovitz
Phyllis Gottung
Mya Hauser
Tim Iannon
Mary Malandrino

Curtis Niemeyer Ruth Shiebler Gail Vacula Nancy Wemple

## CHRIST CHURCH CALENDAR • SEPTEMBER/OCTOBER 2019

**Celebration Choir • 8 am service** Rehearses in church after 8:00 AM service; will sing first Sundays

**Angel Choir •** for Children K-6 Rehearses after 10 AM Service

Worship Choir • 10 am service Rehearses in Choir Room on Mondays 7:00-8:00 PM

-Kristin McCabe

Celebration Choir begins September 15

Worship Choir begins Monday, September 9

# WED., SEPT. 4 • 6:30–7:30 AM • Men's Breakfast Fellowship

We will resume regular meetings every Wednesday. In addition to fellowship we observe our three disciplines of prayer, study, and service. All men are welcome.

# WED., SEPT. 4 • 10-11:30 AM • Bible Study Begins

Irresistible: Reclaiming the NEW that Jesus Unleashed for the World.

#### Friday-Saturday, Sept. 6-7

#### Fourth Annual Padre Golf Retreat

Please sign up in the Welcome Center and join Fr Roy for an overnight retreat and golf outing at the Roy camp on Fourth Lake. Friday morning golf is at the Inlet Golf course, we stay overnight and then golf at another course Saturday morning before returning. For information, contact Fr Roy.

SUNDAY, SEPT. 15 • 9 AM
• First Day of Sunday School

Sunday, Sept. 15 • 11:30 am

## Christmas Pageant Meeting

This year we will be presenting the musical *Straight Out of Bethlehem*. All

children who are interested in participating are encouraged to attend a short introductory meeting/rehearsal directly following the 10 AM service. We will meet after church throughout the fall to learn the songs and dances. Reach out to Kristin McCabe with your questions.

# Tuesday, Sept. 17 • 3:30 pm • Little Saints Begins

This group for grades K-5 meets the 1st and 3rd Tuesday of each month, following school. We are able to pick up children from the Ballston Spa schools and if possible will do what we can to arrange rides for children from different school districts. We meet after school until 5:30 PM. Dinner is included. We either have a program at church or go on short excursions to places like the corn maze, apple picking, and other adventures.

#### Tuesday, Sept. 17 • 7 pm

#### First Communion Information Class for Parents

Parents wanting to learn more about our process and instruction for children to receive their First Communion are invited to come to this one-time meeting. If you have questions speak with Fr Roy.

## Thursday, **S**ept. **19** • **6**:30 pm

## Community of Hope

Training at St George's in Clifton Park to be a lay-pastoral caregiver; please see article.

## SUNDAY, **S**EPT. **22** • **10** AM

### Kid's Church, Pre-K-Grade 5

Open to kids in Pre-K to 5th Grade. The kids leave the service with Michelle for a Bible study and learning about Jesus. They're back in time for the sign of peace. If you would like to volunteer or lead for a week, please contact Michelle @ m2mattice@outlook.com. Everything is set up for you.

# Sunday, Sept. 22 • Noon Parish Picnic

Please note this is a different date than originally advertised. The church will provide hot dogs, hamburgers and beverages at Shenantaha Park in Malta. Please bring a dish to share. There is a playground for our children and a shelter in case of rain.

# Sunday, Sept. 22 • Noon • Young Disciples

Open to all students in middle and high school in the Greater Ballston Spa area. We meet on Sundays from 12 to 2 PM. Lunch is provided. Please have an NIV Bible for each teen. On the first Sunday parents are invited to join us for lunch, complete permission slips, and enjoy games for the entire family. This is a non-denominational youth group, all are invited. If you would like to volunteer to help Michelle and Doug please contact Michelle at m2mattice@outlook.com

# Monday, Sept. 23 • Noon Seniors Lunch

Join us as we kick off a new year of fun and fellowship!

### Tues., Sept. 24 • 10 am

### Healing Service

Fr Roy will be preaching at the Healing Service at Christ the King Spiritual Life Center.

WED, SEPT. 25

- 6:30-8:30 PM
- Alpha (see article, page 1)

## Sun., Oct. 20 • 5 PM

### Progressive Dinner

An adult fellowship event. The fun begins at the church for gathering and prayers. We go to different homes for a each course, returning to church for dessert. We will also provide childcare, a meal and simple program for the children.

## **♣** News and Notes **♣**

## PRAYER QUILT MINISTRY

The prayer quilters make quilts from material donated to Noah's Attic with loving care—we do not strive for perfection. Our mission is to wrap those in need with prayers and comfort. Each quilt is prayed over by the congregation and blessed by Fr Roy or one of our deacons before it is given to the person for whom it was requested. This ministry is very rewarding as it makes us realize that every moment spent in cutting, pressing and stitching brings love, calm and peace to a person in physical or spiritual pain. We welcome anyone who is interested in being a part of this ministry to come to one of our meetings. We meet every third Saturday of the month in the church parish hall from 10 AM to Noon. For more information, call Margaret Cook 518.842.6029 or Joyce Reed 518.369.7928 •

# NOAH'S ATTIC Hours:



Sunday/Monday: Closed

Tuesday: Friday:

9:30 AM-3:00 PM 9:30 AM-3:00 PM

Wednesday/Thursday: Saturday:

9:30 AM-5:00 PM 9:30 AM-2:30 PM

Noah's Attic Telephone 518.885.9455



We are looking for volunteers on Wednesday afternoons or one Saturday a month.
Please contact
Wanda or Donna for more information.

## FALL BIBLE STUDIES

■ Tuesday morning Bible Study begins September 17, 10:30 AM to **Noon.** We will be reading the book Paul's Letters To the Early Church by Trina Bresser Matous. Paul's letters are the earliest Christian writings, all written before the Gospels. This book is designed to help us identify with and relate to Paul. We will be introduced to the circumstances surrounding his writings: the setting, probable dates of origin, and his purpose for each letter. There are a couple of questions at the end of each chapter which will lead us, as usual, into some very lively conversations. We will be meeting for approximately 10 weeks then taking a break and resume for another 10 weeks. The final format will be decided by attendees. There is no prerequisite, you just need a desire to explore and understand and have fun! Contact Bonnie Hall, 518.322.8933 or Jeanne Speer, 518.885.1031

■ Wednesday mornings from 10–11:30 AM, after the 9:15 AM worship service, we will begin with

an amazing study based on the book by Andy Stanley called Irresistible: Reclaiming the NEW that Jesus Unleashed for the World. This 6-week DVD study was used last spring and was so powerful and helpful and challenging that we decided it needs to be looked at again. We meet in Fireside and along with teaching you will have a great opportunity to deepen friendships, laugh, cry, and grow in faith.

## ■ The Thursday morning study will be Hunger for Healing.

This program is open to anyone interested in creating a more personal spiritual relationship with our Lord. We learn how to "get out of the way" and rely on Him for guidance, clarity, and true peace. We are currently reading a book written by Richard Rohr called *Breathing Under Water: Spirituality and the Twelve Steps*. He shows how the Gospel principles in the Twelve Steps can free anyone from obvious dependence on alcohol, drugs, food, sex, shopping, gambling, and the more common addiction that

we all have to sin! Richard Rohr is a globally recognized Catholic and Christian teacher focusing on transformational traditions and is the founder of the Center for Action and Contemplation in Albuquerque, NM. He is also a very prolific author of more than 20 books. We meet on Thursday mornings in the Fireside Room from 10 AM to Noon. *Contact Bonnie Hall, 518. 322.8933 or Jeanne Speer, 518.885.1031* 

■ Adult Sunday School Begins on September 15 at 9 AM. We will "shadow" the Wednesday morning study program with Irresistible written by Andy Stanley. This will be a great opportunity for parents of Sunday school children and others who are unable to attend the Wednesday morning programs to find out what all the buzz is about. Join us on Sunday mornings for the best 55 life altering, faith building, community strengthening, friendship building minutes in town! Those attending the 8 AM service are excused after communion.

## FOOD FOR THOUGHT

### Community People Helping Community People

hank You to the Food Pantry volunteers for all you do to feed over 6000 people a year, picking up and distributing over 40 tons of food each year.

### FOOD PANTRY: HELP WANTED

he **Food Pantry** needs a volunteer to work one Wednesday night a month from 5-6 PM. Additional substitutes are needed who can occasionally work one of the days we are open (M, W, Th, F from 10 AM to Noon). Contact Jan Bornheim, 518.885.9792.



#### Schedules Sept/ Oct 2019

	Lay Reader	Lector	Greeters	Ushers	Coffee Hour
Sept 1	Jason Constant	Caitlin Jorgensen Makalya	Cathy Hughes Anne Walsh	Barb Wood Gail Oliphant	Summer coffee hour
Sept 8	Paul Guilmette	Doug Mattice Larry Jorgensen	Cathy Hughes Anne Walsh	Barb Wood Gail Oliphant	Carla & Alan Greenspan
Sept 15	Mike Luger	Margaret Cook Carla Greenspan	Theresa & John Polson	Margaret Cook Cathy Hughes	Team 1
Sept 22	Paul Guillmette	Julie Rohr Don Rohr	Desiree & Adrianna Drindak	Margaret Cook Cathy Hughes	Team 2
Sept 29	Lois McGee	Sara Ladopoulos Katherine Cook	Theresa & John Polson	Steve Vacula Cathy Roy	Team 3
Oct 6	Jason Constant	Lois McGee Paul Cuddihy	Desiree & Adrianna Drindak	Steve Vacula Cathy Roy	Team 4
Oct 13	Paul Guillmette	Noel Drindak Jenn Catallo	Cathy Hughes Peg Moser	Barb Wood Cathy Hughes	Team 5
Oct 20	Mike Luger	Bet LaRue Paul Cuddihy	Cathy Hughes Peg Moser	Barb Wood Cathy Hughes	Team 1
Oct 27	Paul Guillmette	Doug Mattice Noel Drindak	Cathy Hughes Peg Moser	Gail Oliphant Margaret Cook	Team 2

### **BELIZE MISSION**



e want to say thank you and share a few ways your mission funds are being used to be the hands and feet of Jesus. Many families within the Mt. Hope Bible Church family have physical needs; thus far we have been able to help two families.

We were able to purchase and set up a rain collection system for a widow. She works diligently at a school cafeteria during the school year and was so happy to have a piece of gutter installed, a sealed water vat (to prevent mosquito borne illnesses and water contamination) and spigot installed by Pastor Allison.

Another woman in our church family was in need of a kitchen. She and her family had been saving to buy the wood and a few pieces of zinc roofing. Pastor Allison led her son and neighbor in this small building project this week.

We also used a part of the offering for some vehicle maintenance and look forward to welcoming many of you here in January! Contact glenface@gmail.com if you are interested in joining the team.

—In Belize, Heather, Allison, Evana, Chiara, and the Mt. Hope Bible Church Family

#### HELP WANTED

- Coffee Hour: we are looking for team members for Coffee Hour. Please contact Alan at 912.412.2411 or adgreenspan@ yahoo.com.
- The Tech Team is always looking for more volunteers. We have screens for the 8 and 10 AM services and need more volunteers. If you can click a button you have all of the skills needed with the training we provide. Please speak with Jeremy Bailey, Fr Roy or Kristin McCabe if you have an interest in being part of this vital ministry. •

#### **FOYERS**

After a few years of resting, Foyers, a Welcoming Ministry that encourages us to get acquainted with one another, has gotten off to a slow start over the summer. We are back on track now and enjoying one another's company by sharing meals and laughter.

# % Parish Anniversaries September—

- 5 Ashley and Josh Bush
- 8 Mark and Andrea Breslin
- 22 Mark and Corey Ott
- 27 John and Nancy Cairns Mike and Joyce Luger A

#### October—

- 7 Rich and Christine Osgood
- 13 Dan and Kathi Rabideau
- 16 Tim and Amanda Russell John and Wendy Perreault
- 17 Greg and Kelly Howell Robert and Angeline King
- 20 Don and Julie Rohr
- 23 Garry and Wendy Campbell
- 24 Ralph and Paula Ruiz
- 29 Paul and Donna Sausville A

# Mission Trip to Belize in January 2020!

The would like a warm, sunny get-away this January?

Yes? Me, too!

That's why I'm joining the Christ Episcopal Church mission trip to Belize January 7–15, 2020.

We will be working with the Mt Hope Bible Church in Unitedville, Belize, Central America. Pastor Allison Garoy and his wife Heather have identified a couple of parishioners' homes that could use some repairs.

One is a single mother with a son and daughter living in a onebedroom house. The team will be making a small addition to provide two bedrooms.

Last year, our mission team insulated and installed wallboard in the vacant house they were converting into a youth center. This year we'll be putting up wallboard in the two Sunday school rooms under the youth center.

There may still be time to join us on the team.

We have been meeting and planning our fundraisers to purchase building materials and pay some of the mission trip expenses.

We've added different fundraisers this year. Please watch for them and support our mission trip.

If you'd like more information, please contact Glen Face at 518.441.6396 or glenface@gmail.com.

# Opportunities for Service Interested? Call the office, 518.885.1031

Interested? Gatt the office, 510.005.1051				
♣ Acolytes Mike Luger				
♣ Alpha				
♣ Altar Guild Julia Duchesne				
<b>♣ Choir</b> Kristin McCabe				
<b>♣ Coffee Hour</b> Alan and Carla Greenspan				
<b>♣ Daughters of the King</b> Bambi Becker				
<b>♣ Decoration</b>				
<b>Flowers</b> Lois Mitchell				
Food Pantry Jim and Jan Bornheim				
<b>♣ Foyers</b> Bambi Becker				
Healing Ministry Deacon Lynne Crimi				
<b>Hunger for Healing</b> Bonnie Hall				
<b>Youth Disciples</b> Michelle Mattice				
<b>♣ Junior Church</b> Michelle Mattice				
<b>♣ Little Saints</b> Fr Roy, Kelley Howell,				
Josh Bush				
₱ Men's Breakfast Fellowship Noel Drindak				
<b>♣ Middle School Youth</b> Michelle Mattice				
<b>♣ Missions</b> Glen Face				
* Newsletter Susan Olszewski				
♣ Noah's Attic Wanda Closson				
<b>♣ Nursery</b> Melissa Miller				
Prayer Chain Christine Martin				
♣ Prayer Quilts Margaret Cook, Joyce Reed				
<b>♣ Sunday School</b> Christine Osgood				
* Vacation Bible School Melissa Miller				
<b>♦ Visitations</b> Deacon Lynne Crimi				

## Ongoing Programs

- ADULTS, Year-round Eucharist Wednesdays, 9:15 AM
- # ADULTS, September to June Eucharist Friday, NOON
- # ADULTS, September through June Men's Breakfast Fellowship Wed, 6:30 AM Adult Sunday School Sundays, 9 AM Study Group Wednesdays, 10 AM
- # CHILDREN, September through June Children's Sunday School 9-9:50 AM Children's Church Sundays during 10 AM service
- # CHILDREN, September through May Little Saints 1st & 3rd Tuesday 3:30-5:30 PM
- ♣ Young Disciples (MS & HS) Sundays, Noon to 2 PM, FIRESIDE



#### CHRIST EPISCOPAL CHURCH

15 West High Street Ballston Spa NY 12020

CHURCH OFFICE TELEPHONE 518.885.1031 Christ Episcopal Ballston Spa.com

SUNDAY WORSHIP SERVICES 8:00 AM and 10:00 AM

**NEXT NEWSLETTER DEADLINE:** Thursday, October 10 • Noon



## **8** Parish Birthdays

#### September—

- Elaine Osgood
- Al Moser
- Jean Simpson
- Brandon Schmidt Wendy Perreault
- Jenna LaRosa Cameron Rapelje
- Vickie Fox Field Horne
- Evan Jorgensen Naomi Roy Anneliese Kitzmann
- Ian Herrick Bet LaRue
- Levi Comstock Billy Pearson Dylan Whitt Chris Cuddihy
- David Guynup
- Joseph Bruno Emalyn Smith Bryan Peck
- Margaret Anderson
- Brittney Koster Curtis Niemeyer
- Ian Bailey

- Maddie Roy
- Nancy Cairns Bryan LaRosa
- Morgan Miller Richard Reed Edison Roberts Brad Roy
- 22 Adele Pearson
- 25 Russ Miller
- 27 Alex Shahban
- Mike Luger Rachel Smith Chad Thomas Cody Thomas Fred Iannon Ken Rossen
- Alan Greenspan A

#### October-

- 1 Danielle Bailey
- Victoria Perrault Danielle Auspelmyer
- Derik Roy Josh Bush
- Lane Smith Sloanie Campbell Breanna Mattice

- Mark Ott
- Alexis Guilbault
- 8 Lois McGee Gail Vacula Joan Moore
- Nancy Doud
- 10 Stacia Bonnano
- 12 Marguerite Sulzman
- 13 Zachary Cairns
- Debbie Igoe
- Wendy Campbell Allyson LaRosa Ralph Ruiz Jayne Schmidt
- Bill Pearson
- Beverly Baker Jacob Kitzmann Joyce Luger
- John Boyd Alexandria Miller Greg Schmidt Claire Weaver
- Melissa Miller
- Kelsey Ruiz 28 Kendall Whitt
- 29 Cathy Hughes
- Charles Kubus, Jr A